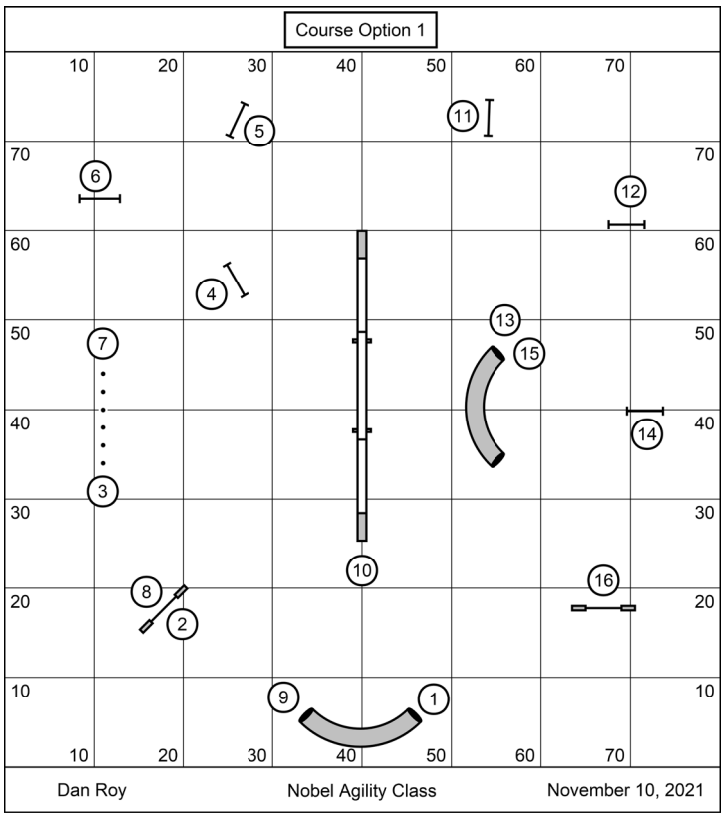
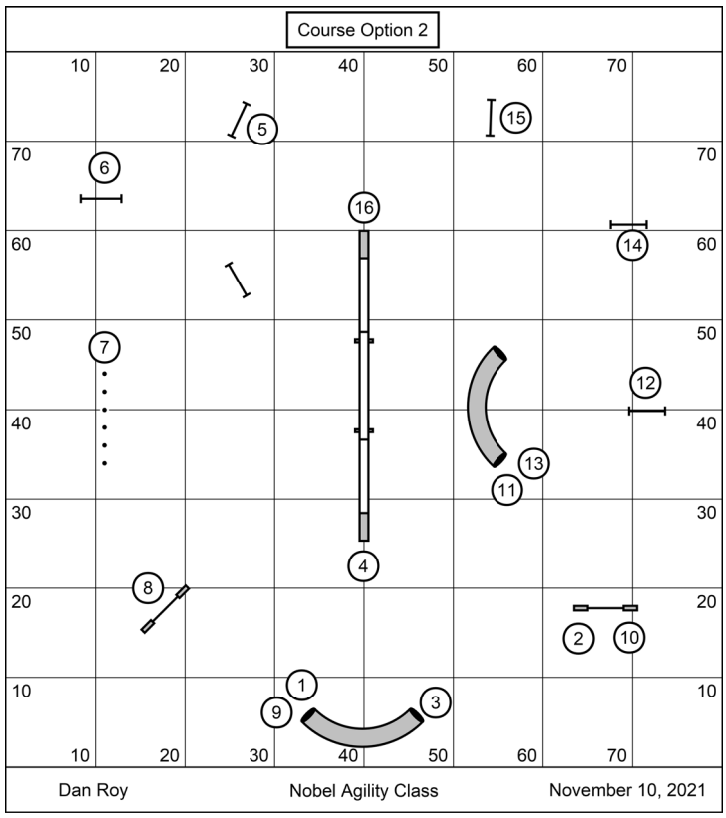
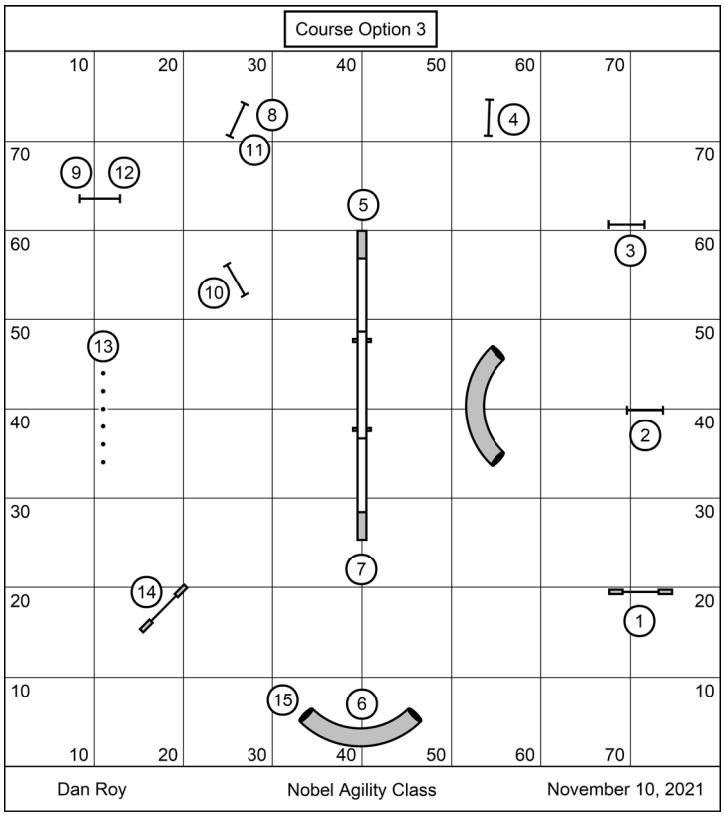
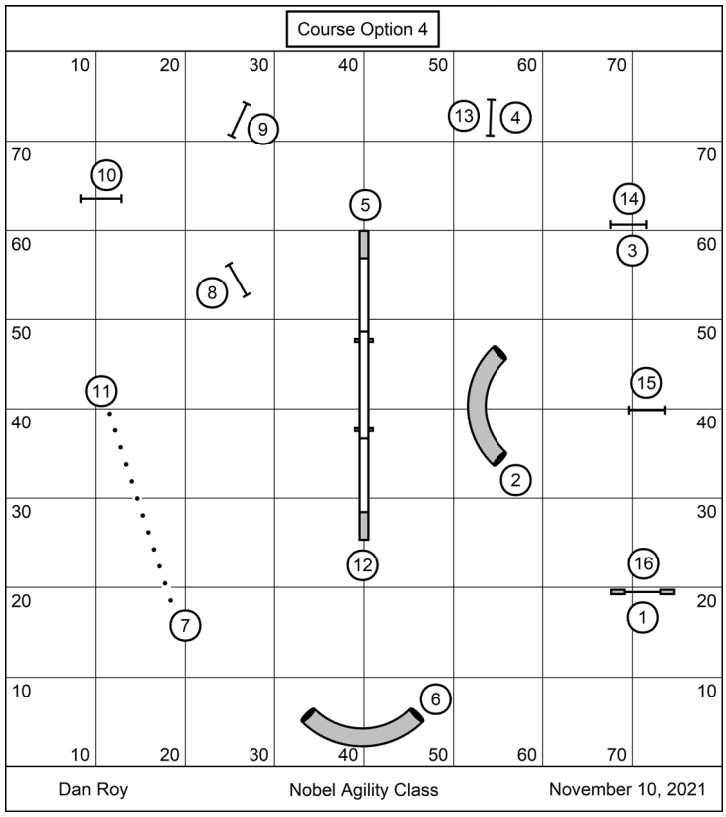
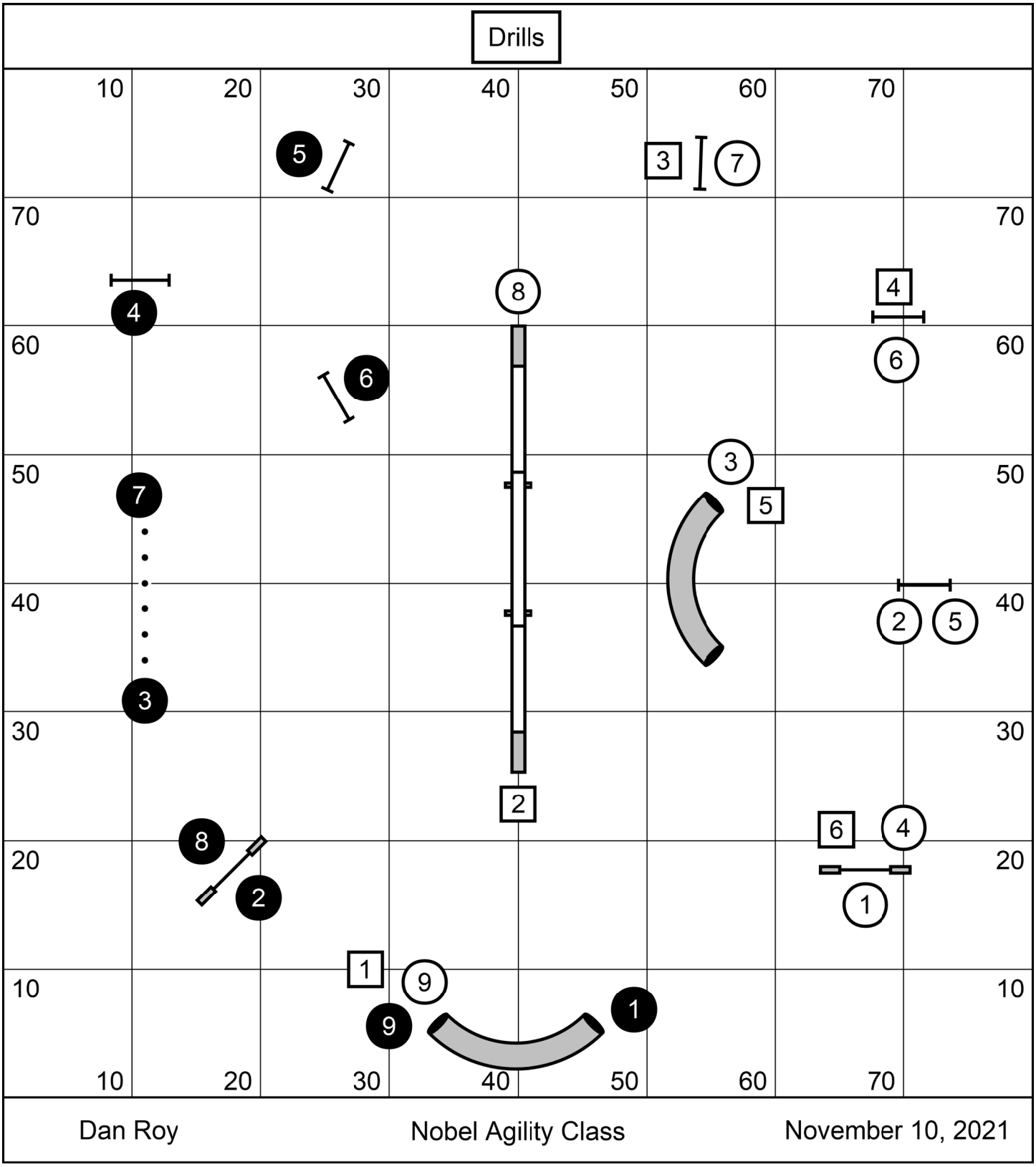

Course Option 1
Dan Roy
Nobel Agility Class
November 10, 2021


Course Option 2
Dan Roy
Nobel Agility Class
November 10, 2021


Course Option 3
Dan Roy
Nobel Agility Class
November 10, 2021


Course Option 4
Dan Roy
Nobel Agility Class
November 10, 2021


Drills
10
20
30
40
50
60
70
Dan Roy
Nobel Agility Class
November 10, 2021